ABSTRACT

Cryogen spray cooling (CSC) has been used along with pulsed lasers for nearly a decade to irreversibly photocoagulate a variety of vascular lesions. However, the fundamental mechanisms that take place at the skin surface are still incompletely understood. In this work, we built a fast-response temperature sensor with the objective to determine the time in which liquid cryogen remains on the skin surface during and after a short spurt of cryogen—the residence time \( (t_r) \). Measurements are conducted systematically at various distances from the nozzle \( (z) \) and various spurt durations \( (\Delta t) \) for two nozzles that produce completely different spray characteristics. It was found that for each nozzle, there is a critical spray distance \( (z_c) \) where an abrupt increase in \( t_r \) occurs and another critical distance \( (z_{max}) \) that can be related to maximal cryogen deposition. Furthermore, using experimentally measured average droplet diameter \( (d) \) and velocity \( (v) \) for sprays produced by each nozzle, we defined a spray characteristic time \( \tau(z) \) as the ratio of \( d \) to \( v \). This parameter allows us to represent our experimental data on a single curve for each nozzle, by plotting the dimensionless residence time \( (t_r/\tau) \) as a function of the product of dimensionless spurt duration \( (\Delta t/\tau) \) and a dimensionless factor \( (m/m_{max}) \). The factor \( m/m_{max} \) is envisioned as an effective mass deposition which, due to the evaporation of cryogen droplets in-flight and the spray-surface interactions, is a strong function of \( z \). These results represent a step towards a more complete understanding and quantification of the physics involved in CSC.

Keywords: spray cooling, laser photocoagulation, nozzle characterization.

INTRODUCTION

Laser surgery is effectively used to irreversibly photocoagulate port wine stain (PWS)[1,2] birthmarks and other vascular lesions such as telangiectasias, hemangiomas[3], and rhytides. However, epidermal melanin acts as a non-specific target, absorbing a significant portion of laser light and thus, limiting the dose that can be safely delivered to the underlying targets. Moreover, if laser light absorption within the epidermis is excessive, it can lead to permanent damage such as scarring and dyspigmentation. To avoid this, cryogen spray cooling (CSC) was introduced as a mean to cool the skin prior to laser irradiation [1, 2].

On a different realm, there have been a significant amount of studies on water sprays, from which empirical correlations have been developed to predict various spray characteristics. For instance, El Kobt [4] amongst many others, proposed correlations to estimate the Sauter mean diameter (SMD) of droplets produced by plain orifice atomizers (similar to those used on the cryogenic sprays produced by commercial devices). Unfortunately, none of these correlations accounted for liquid evaporation, which is likely significant during cryogenic sprays. Studies of evaporating liquids, such as fuels have also been carried out [5][6], but almost none of them dealing with the interaction with solid surfaces. Finally, only a few studies on cryogenic sprays have been reported. In particular, Ingebo [7][8][9] worked with two-fluid type nozzles, where a high velocity gas flow was used to atomize the liquid cryogen. He studied the effect of the gas temperature, gas properties, and vaporization on the average spray droplet diameter. However, the nozzles he used were different kinds of atomization devices than those used for PWS treatment.
The success of CSC over other cooling methods used for laser therapy of superficial targets is due, in part, to the accurate control of the spray application time (~10 - 100 ms) and the high heat flux \( q \) induced by the cryogen that evaporates on the skin surface [10]. To this date, there are many studies which report the performance of CSC nozzles, either through the measurement of \( q \) and/or heat transfer coefficients \( h \), using various skin models such as epoxy blocks [11, 12] and metal rods or disks [13, 14] under a variety of spray conditions [11, 13-16]. Unfortunately, the response time of some of these devices is too slow to depict the dynamic variation of the surface temperature during CSC [17].

Fewer studies have dealt with cryogen spray characterization itself. Aguilar et al. [18] investigated how spray characteristics such as average droplet diameter (\( d \)), velocity (\( v \)), and temperature (\( T \)) are affected by nozzle geometry, and developed a model to predict evaporation in-flight. Pikkula et al. [19] and Karapetian et al. [20] correlated some of the spray characteristics, including \( d \) and \( v \) to \( q \). In the latter study, it was concluded that while \( d \) has a small influence on \( q \), \( v \) and mass flow rate \( (\dot{m}) \) are the most influential parameters.

Recently, a fast response sensor was introduced [10, 21] to resolve near “real-time” surface temperature dynamics, including cryogen boiling and evaporation. Furthermore, it was recognized that spurts impacting the surface in a jet-like fashion (nozzle positioned less than 25 mm from the surface) led to different surface temperature dynamics compared with those impacting the surface more gently (nozzle positioned more than 50 mm from the surface).

For this study, we selected two nozzles that produce distinct spray characteristics [17] and deliver short spurts on the fast-response temperature sensor. We conduct systematic measurements of surface temperature at various distances from the nozzle (\( z \)) and spurt durations (\( \Delta t \)), with the objective to determine if the surface temperature dynamics, particularly the residence time (\( t_r \)) can be uniquely related to distinct spray characteristics produced by the two different nozzles, e.g., \( d \) and \( v \).

**EXPERIMENTAL SET-UP AND PROCEDURES**

**Nozzles and cryogen delivery**

In this study, we used two stainless steel, straight tube nozzles with 0.7 mm and 1.4 mm inner diameters, both of length 32 mm. These nozzles were chosen based on the different spray characteristics they produce, especially at \( z < 30 \) mm, as documented in previous work [10, 17]. These nozzles are hereafter referred to as narrow (N) and wide (W) for the smaller and larger diameters, respectively. The nozzles are soldered onto a custom made copper coupling that fits tightly around a fuel injector. The cryogen used was 1,1,1,2 tetrafluoroethane, which is otherwise known as R134a and has a boiling temperature \( T_{b} \sim -26^\circ C \) at atmospheric pressure. The cryogen was kept at 660 kPa (saturation pressure at room temperature) and was delivered to the nozzle setup through a standard high-pressure hose attached to an electronically controlled fuel injector.

**Fast response temperature sensor**

This sensor consists of a 50 µm diameter bead of type-K thermocouple placed over a poly methylmethacrylate (Plexiglas®) substrate bar and covered with a thin (50 µm) aluminum foil (Figure 1).

![Figure 1. Schematic of the thin Al-foil fast response temperature sensor.](image)

Since the aluminum foil has a very high thermal conductivity and low specific heat compared to Plexiglas®, most of the heat supplied to the cryogen was provided by the Plexiglas® itself, which happens to have skin-like thermal properties, as shown in Table 1.

**Table 1: Thermal properties and thicknesses of layers used for the temperature sensor device. Skin properties also provided for reference.**

<table>
<thead>
<tr>
<th>Properties</th>
<th>Al</th>
<th>Scotch Tape®</th>
<th>Plexiglas®</th>
<th>Dermis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thickness [mm]</td>
<td>0.020</td>
<td>0.050</td>
<td>19</td>
<td>--</td>
</tr>
<tr>
<td>( K ) [W/(m K)]</td>
<td>205</td>
<td>0.19-0.25</td>
<td>0.19-0.24</td>
<td>0.54</td>
</tr>
<tr>
<td>( \rho ) [kg/m³]</td>
<td>2,710</td>
<td>1,160</td>
<td>1,150</td>
<td>1,150</td>
</tr>
<tr>
<td>( c ) [J/(kg K)]</td>
<td>896</td>
<td>1,400</td>
<td>1,400</td>
<td>3,700</td>
</tr>
<tr>
<td>( \alpha_{eq} ) [m²/s]</td>
<td>( 844 \times 10^{-7} )</td>
<td>( 1.22 \times 10^{-7} )</td>
<td>( 1.31 \times 10^{-7} )</td>
<td>( 1.26 \times 10^{-7} )</td>
</tr>
</tbody>
</table>

Smearing a minute amount of thermal paste on the thermocouple bead ensured good thermal contact between the bead and the aluminum foil. The sensor was exposed to a cryogen spurt at given \( z \) and \( \Delta t \) making sure the sprayed area was always smaller than the aluminum foil size, so the measured temperature represents an average of the surface temperature. The sensor’s temperature was recorded as a function of time at 4 kHz using an A/D converter board acquisition card and dedicated software (InstruNet™, Omega...
sprays are made of droplets evaporating in flight, it seems appropriate to use SMD in the present work.

RESULTS AND DISCUSSION

Temperature Measurements

Figures 3 and 4 show the temperature variations measured for 30 ms spurts produced by the N and W nozzles, respectively, at various z. Two aspects vary noticeably: the minimum temperature \(T_{min}\) and the resident time \(t_r\). For both nozzles, \(T_{min}\) decreases and \(t_r\) increases with larger \(z\), up to some maximum value of \(z\) \(z_{max}\). Beyond \(z_{max}\), \(T_{min}\) increases and \(t_r\) decreases, suggesting that a good portion of the droplets evaporate completely before reaching the temperature sensor’s surface.

![Temperature curve](image)

**Figure 3.** Surface temperature variation with time for N nozzle sprays. \(\Delta t = 30\) ms.

![Temperature curve](image)

**Figure 4.** Surface temperature variation with time for W nozzle sprays. \(\Delta t = 30\) ms.

Critical spray and maximal cryogen deposition distances

Figure 5a shows the variation of \(t_r\) as a function of \(\Delta t\) at various \(z\) for the N nozzle. The continuous increase in \(t_r\) pointed out above is more clearly observed. For \(z\) varying...
from 15 mm through 35 mm, the increase in \( t \) seems very gradual. A somewhat larger increase occurs abruptly between \( z = 35 - 40 \) mm, suggesting a change in the spray pattern or spray-surface interactions. However, \( t \) continues to increase up to 45 mm. As \( z \) increases beyond 45 mm, \( t \) decreases, as shown in Figure 5b. This suggests that somewhere around 40 - 45 mm maximal cryogen deposition occurs and therefore, the time it takes for the cryogen to boil and evaporate completely is the longest [10]. Hereafter, we refer to the distance where the abrupt increase is found as the critical distance \( z_c \) (35 – 40 mm) and the maximal cryogen deposition distance as \( z_{\text{max}} \) (40 – 50 mm).

Similar to Figures 5a and 5b, Figures 6a and 6b show the variation of \( t \), as a function of \( \Delta t \) for various \( z \) for the W nozzle. This nozzle produces a very visible jet-like spray with minimal atomization [17], which results in a very forceful impact, significant droplet rebound, and minimal cryogen deposition. Therefore, considerable cryogen spreading and shorter \( z_c \) was expected for this nozzle. Similarly, the faster and larger droplets of this nozzle’s sprays were expected to reach longer distances and, thus show a larger \( z_{\text{max}} \). Indeed, \( z_c \) was found to exist between 15 - 20 mm and \( z_{\text{max}} \) occurred much farther away (~ 160 – 170 mm) compared to the N nozzle sprays.

**Figure 5a.** \( t \) versus \( \Delta t \) for the N nozzle sprays before \( z_{\text{max}} \).

**Figure 5b.** \( t \) versus \( \Delta t \) for the N nozzle sprays after \( z_{\text{max}} \).

**Figure 6a.** \( t \) versus \( \Delta t \) for the W nozzle. Notice that a transition occurs from \( z = 15 \) mm to 20 mm. \( t \) reaches a maximal at \( z_{\text{max}} = 160 \) mm.

**Figure 6b.** \( t \) versus \( \Delta t \) for the W nozzle. Notice that \( t \) is smaller for \( z = 170 \) mm than \( z = 160 \) mm.

**Characteristic time (\( \tau \)) and effective mass deposition (\( m/m_{\text{max}} \))**

It is reasonable to assume that the heat transfer dynamics observed under spurts produced by the N and W nozzles must be ultimately related to the fundamental spray characteristics resulting from each nozzle, such as average droplet diameter (\( d \)) and velocity (\( v \)). Using the PDPA described above, we measured \( d \) and \( v \) at various \( z \) along the spray cone axis for spurts produced by both nozzles. Using these measurements, we define a spray characteristic time (\( \tau \)) as the ratio of \( d \) and \( v \), \( \tau = d / v \). Table 2 summarizes these results and the computed values of \( \tau(z) \). The large increase in \( d \) seen for \( z \gtrsim 85 \) for the N nozzle is somewhat uncertain. At this distance, most droplets have evaporated and, therefore, the droplet count is too small to provide a good average. Therefore, this data (shaded area) has not been used for the subsequent computations. It is
important to mention, however, that while an increase in $d$ with increasing $z$ may seem counterintuitive, studies of various spray systems have reported that this phenomenon can be attributed to the presence of droplet coalescence [24][25].

Figure 7. $\tau$ vs. $z$ for the N (solid) and W (hollow) nozzles, respectively.

Figure 7 shows $\tau$ as a function of $z$ for the N and W nozzles, respectively. As a first-degree approximation, we applied a second-degree polynomial fit for $\tau$ (dashed curves) leading to $R^2$ values of 0.98 and 0.88 for the N and W nozzles, respectively. The variation of $\tau$ with $z$ shows that the variation of $d$ and $\nu$ are not proportional, and while the decrease in $d$ may be more pronounced than that of $\nu$ for the shorter $z$ ($<30$ mm)—seen as a decrease in $\tau$, the opposite is true for longer $z$ ($>60$ mm). We then use $\tau$ as a characteristic time to compute the non-dimensional residence time, $t/\tau$, and non-dimensional spurt duration, $\Delta t/\tau$ for all our data. This results in a series of parallel curves when presented in a logarithmic plot, as shown in Figure 8 for the N nozzle.

Figure 8. Dimensionless residence time versus dimensionless spurt duration for various $z$ from 15 mm to 80 mm for the N nozzle. Dashed lines represent curve fits for some of the data shown in the graph.

Figure 9. Dimensionless residence time plots for the N nozzle (solid symbols) and W nozzle (hollow symbols). For N nozzles only $d$ and $\nu$ data between $z = 15$-80 mm was used. For W nozzle, $d$ and $\nu$ data between $z = 15$ - 120 mm were used. Dashed curves are power laws fitting with $R^2 = 0.9493$ and 0.9622, for the N and W nozzles, respectively.

The strong dependence of these curves on $z$ and their similar slope suggest the use of a free parameter, $m/m_{\text{max}}$, which is chosen in a way that all curves shown in Figures 5a and 5b are shifted with respect to that at $z_{\text{max}}$, thus collapsing into a single curve, as shown in Fig. 9 for both nozzles.

Figure 10 shows the variation of $m/m_{\text{max}}$ with $z$ for both nozzles. Note that N nozzle shows a maximal $m/m_{\text{max}}$ at $z = 40$ mm, while the W nozzle does not show until $z \sim 150$ mm. This is somewhat consistent with heat flux measurements ($q$) we have reported recently [26] for the N nozzle, which shows a maximum $q$ at about $z \sim 25$-30 mm, suggesting that the effective mass deposition seen herein can be well correlated with the maximum heat flux.
These studies have shown that there are large differences in the surface dynamics that occur between nozzles producing distinctive spray characteristics, which are clearly shown by the differences in \( t_r, T_{\min}, z_c, \text{and } z_{\max} \) for each nozzle. It is quite interesting that a surface parameter such as \( t_r \) can be easily correlated to \( \Delta t \) through the use of an appropriate spray characteristic time (\( \tau \)) and an effective mass deposition factor \((m/m_{\text{max}})\). The present results represent a step towards a more complete understanding and quantification of the physics involved in CSC.

CONCLUSIONS

A fast response temperature sensor was used to determine the residence time \( (t_r) \) resulting from spurts with different spray characteristics. \( t_r \) gradually increases as a function of spurt duration (\( \Delta t \)) for increasing distance from the nozzle \( (z) \). However, at a critical distance \( (z_c) \), an abrupt increase occurs, suggesting a change in the spray pattern and/or spray-surface interactions. As \( z \) continues to increase, another critical distance \( (z_{\max}) \) is reached, which can be associated with the distance of maximal cryogen deposition. Beyond that distance, the trend reverses and \( t_r \) decreases with increasing \( z \). For the narrow (N) nozzle (0.7 mm inner diameter), \( z_c \) occurs at 35 - 40 mm and \( z_{\max} \) occurs at 40 - 45 mm, while for the wide (W) nozzle (1.4 mm inner diameter), \( z_c \) is located at 15 - 20 mm and \( z_{\max} \) at about 160 mm.

From the fundamental spray characteristics \((d \text{ and } v)\), a spray characteristic time was introduced, \( \tau = d/v \) which is a
function of $z$. Using this parameter, the dimensionless residence time ($t/\tau$) was plotted as a function of the product of the dimensionless spurt duration ($\Delta t/\tau$) and a dimensionless factor that we refer to as an effective mass deposition factor ($m/m_{max}$). In this fashion, all data collapsed into one for each nozzle and it could be very well approximated by simple power laws. The practical importance of these results is that it is shown that the effective mass deposition varies at different distances from the nozzle, which depends on the spray characteristics and, thus, on the nozzle geometry.

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